

“The Bayley-Hazen Rehabilitation and Recovery Center”

A VSH Futures Initiative

Developed by

Northeast Kingdom Human Services

2/1/06 version

The Bayley-Hazen Rehabilitation and Recovery Center is a specialized residential treatment center, which will offer safe intensive recovery based treatment for 11 adult men and women. This program is designed for individuals who are transitioning out of the Vermont State Hospital or other full care psychiatric facility, who, have stabilized sufficiently and can begin their journey of recovery. The Bayley-Hazen Center is a place of hope and possibility, using a wide array of treatment options determined by the collective wisdom of the consumer, consumer advocates, clinical team, and family members. The program is a voluntary treatment facility where treatment is a process of collaboration not compliance and coercion. Treatment will include relationship building, self care, healing and redefining of self, medication management, vocational and recreational electives and preparatory practices aimed at transitioning the individuals back to their chosen communities. The Bayley-Hazen Center is a “wellness” oriented program and will offer a full compliment of services including primary care and substance abuse treatment as necessary.

The Bayley-Hazen Rehabilitation and Recovery Center offers an aesthetic environment rich in natural beauty and as comfortable as a “Country Inn.” Both staff and consumers will benefit from this unique facility. Our philosophy of treatment is based on respect and human dignity, consumer empowerment, family involvement, instilling hope, motivation and a belief in our consumers that they can recover from their life disrupting psychiatric challenges.

Referrals

All initial referrals to The Bayley-Hazen Rehabilitation and Recovery Center will come directly from DMH/VSH. Prospective consumers of this program will be Vermont residents, men and women, 18 years of age or older and who are currently in the care and custody of the Commissioner of Health. Acceptance and admission to the center will be based on VSH clinical team recommendations and the consumers’ voluntary choice to participate in the programming. Most individuals referred to this program have serious and persistent mental illness that have proved refractory to treatment, have high rates of recidivism and have lengthy histories of hospitalizations. Substance abuse/addiction may be an additional co-occurring disorder. All individuals have been unsuccessful in maintaining their own independent living situation and require intensive, multi-disciplinary rehabilitation services with an emphasis on restoration of the skills needed for community living.

Program Philosophy

The Bayley-Hazen Rehabilitation and Recovery Center’s program model is grounded in an eclectic array of treatment philosophies, which promotes the development of

empathic, hopeful, and continuous relationships between caring staff, providers, family members and fellow residents. This program will be a recovery –based, consumer driven system, which works in harmony with established clinical evidence-based practices. These practices will be incorporated into a variety of group and individual electives, offered throughout the week. The consumer, and his or her treatment team will develop an individualized, structured schedule. Consumers will experience a balance of intensive clinical treatment modalities with recovery-based support, vocational opportunities and recreational interests. Monitored community integration activities will be established in conjunction with resident readiness. This integrated model promotes treatment, support, recovery, rehabilitation and choice, using client's self defined strengths, skills and preferences.

All mental health rehabilitation and residential treatment services provided will conform to all applicable Federal and State statutes and regulations.

Staffing Pattern

The Bayley-Hazen Rehabilitation and Recovery Center, is supported by a full staff profile. This can allow for a two to one, staff to resident ratio when necessary. The program will have both a site director and assistant director, a full time medical staff, including psychiatry, around the clock nursing, five full time rehabilitation specialists on each shift, full time social worker/therapist, as well as such specialized providers as peer support workers, occupational/vocational therapists, culinary arts specialist, wood working artisan, horticulturist and art and music therapist. Specialized activities will be developed based on client interest and preferences.

In addition to our expanded clinical and rehabilitative team, on site housekeeping, facility maintenance, dietary and administrative staff, rounds out the employee roster. Relief staff will be available when necessary.

Length of Stay

The anticipated length of stay for residents of the Bayley-Hazen Center could be anywhere from 6 months to 24 months. This figure is variable and discharge from the program will consistently, be dependent on the recovery readiness of the individual residents. Premature discharge from the program could result when there is significant change in mental status with a client requiring an acute level of care to stabilize symptoms.

After Care

Discharge planning begins long before discharge. Every effort will be made to maintain communication and treatment planning with the individual's current treatment providers. Appropriate community placements and a re-integration process will be developed to ensure readiness and secure living opportunities. Client's preference will be considered in all discharge plans and community supports will be provided by the client's home, designated agency (CMHC).

Overall, the new Bayley-Hazen Rehabilitation and Recovery Center is dedicated to provide its residents with a safe, comfortable, healthy living environment within the context of an empathic, hopeful, continuous and integrated relationship of therapeutic services and caring providers. Our hope is that residents will transition from this program engaged in their own recovery, able to make better choices, have a healthier outlook and seek a safe and sober life style.

For additional information, please contact:

Cathy W. Rousse LICSW

Division Director for Mental Health and Substance Abuse Programs

Northeast Kingdom Human Services

802-748-3181